

Issac Ford

Before Alpha, I thought I had a strong connection with Jesus. I was reluctant about joining Alpha because I felt like the weekly meetings were too long and the 11-week course was too much.

I grew up in a household that read the Bible daily and had study sessions on it. I didn't realize that I needed to cultivate my own personal relationship with Jesus. After debating the idea of joining in my head for weeks, I decided to attend. The format was not what I expected. We had dinner together, watched film sessions and had discussions about different topics in our group. As an introvert, I wasn't too excited about sharing in the group settings. My table leader made me feel comfortable and I started to open up.

We covered many topics. The one that stood out for me was our discussion regarding the Holy Spirit. I learned the Holy Spirit is always with me and in me. He is my Advocate. That gave me so much comfort. For a long time, I have thought about getting more involved in church. I still think about the discussions we had in our group. I enjoyed the first session so much that I signed up to serve in the 2nd session.

After the 2nd session ended, I decided to further my journey by joining the Men's Ministry and Catholic 101. I started with one group and stretched into joining more. I still have so much more to learn about God and my faith. Alpha was the gateway. Alpha was a great beginning into my new faith journey.